



000629 - DRESSING, STRAWBERRY

Source: Kelsie & Hannah

Number of Portions: 32

Size of Portion: TBSP

Components:

Meat/Alt:

Grains:

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Attributes:

HACCP Process: #1 No Cook

Ingredients	Measures	Instructions
009316 STRAWBERRIES,RAW..... 019335 SUGARS,GRANULATED..... 009152 LEMON JUICE,RAW.....	1 lb 1 Tbsp 1 1/2 Tbsp	
902820 VINEGAR, BALSAMIC..... 004053 OIL,OLIVE,SALAD OR COOKING.... 002047 SALT, TABLE.....	1 Tbsp 2 Tbsp	

*Nutrients are based upon 1 Portion Size (TBSP)

Calories	14 kcal	Cholesterol	0 mg	Protein	0.10 g	Calcium	2.33 mg	56.63%	Calories from Total Fat
Total Fat	0.89 g	Sodium	5 mg	Vitamin A	0.4 RE	Iron	0.07 mg	7.58%	Calories from Saturated Fat
Saturated Fat	0.12 g	Carbohydrates	1.63 g	Vitamin A	1.7 IU	Water ¹	13.55 g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	0.29 g	Vitamin C	8.6 mg	Ash ¹	0.07 g	46.07%	Calories from Carbohydrates
								2.76%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

Allergens							
Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
NO	NO	NO	NO	NO	NO	NO	NO
YES = Present NO = Absent ? = Undefined							